



North East Mitcham Community Association

Edenvale Playspace, Woodland Way, Mitcham CR4 2DZ

0208 685 9452 Email: info@nemca.org.uk Web: www.nemca.org.uk

What's on at your Community Centre?

FOR CHILDREN

Jollytime playgroup Monday to Friday 9.15am-12.15pm

Coffee and Crayons toddler group Monday 9.30am-12.pm

Join in and Giggle Tuesday 10.00am-10.45am

Children Dance Classes Tuesday 5.30pm-6.30pm (5-9 yrs) 6.30pm-7.30pm (10yrs+)

Sensory for Baby Classes Wednesday 10am-11am

Ballet Thursday 3.50pm-7.30pm

Irish Country Dancing Monday 4.30pm-6.45pm Wednesday 5.30-7.30

Youth Club Friday 7.00pm-9pm

FOR ADULTS

Young at Heart Lunch club Monday 1.00pm-2.00pm

Young at Heart Social Club Monday 2.00pm-4.00pm

Aikido Monday 9pm-10.30pm

Mencap Wednesday 2-4pm

Yoga Tuesday 8.00pm-9.00pm Friday 9.30am-10.45am

Salsa Wednesday 7.30pm-8.30pm

Bingo Wednesday 8pm

Senior Fitness Thursday 1.30pm-2.30pm

Fish and Chips Lunch Club Friday 1.00pm-2.00pm

Tai Chi Friday 7.3pm-9.00pm

Zumba Saturday 10.00am-11.00am

Indian singing Saturday 11am-1pm

Look at our fantastic new website <http://www.nemca.org.uk> for more details on our groups, information on hall hire and how to support your community centre.

NORTH EAST MITCHAM COMMUNITY CENTRE

Newsletter Spring 2020

Welcome to our Spring Newsletter.

Some fantastic new groups have started since our last newsletter. Baby sensory classes now run on a Wednesday morning and very soon we hope to have a baby Yoga group. Tai Chi will be starting on 6th March 7.30-9.00pm and thanks to some funding from Merton Council we were able to run our winter Pop up Lunch Club again serving homemade soups, Tuesday lunch time 1-2pm.

Once again our Christmas Bazaar was a huge success and we raised over £800 to fund our activities. A big thank you to all our volunteers who helped with all the additional activities over this period. It helps make this time special for all those that use the centre.

Young at Heart have been very busy and recently visited the Hub on the invitation of Friends of St Helier, for afternoon Tea as well as a beautiful trip on the Blue Bell Railway with lunch out. This group is run entirely by volunteers and they produce a full diary of activities and talks.

Jollytime Playgroup is full. We currently have a waiting list for September 2020. If you were thinking of a place for your child at our playgroup, the sooner you register your child with us, the more likely it is that you will be offered a place. Please phone us or call into the Centre.

Please take a look at the activities listed overleaf. We run a full and diverse programme for all ages and join us for our Mamma Mia Quiz Night 4th April.



Mamma Mia Quiz Night

Saturday 4th April 7- 9.30pm

Join us for a fun evening of Quizzes,
Moussaka and Music

Tickets £12.00

Tickets must be purchased in advance from the community
centre office – 020 8685 9452

Contact detail for other groups are:

Aikido Tel: 07860 517 086

Ballet info@siegerisdance.com Tel: 07730 536 499

Join in and jiggle joininandjiggle@gmail.com

Senior Fitness info@marigoldfitness.co.uk Tel: 07972 250 344

Sing and Sign elliesteward@singandsign.co.uk Tel: 07792 771704

Yoga sabinayogaspace@gmail.com

Zumba bhavani1809@aol.com Tel: 07540 945 715

Sensory for Baby classes www.reliefcrechecare.co.uk Tel: 0203726 9996

